

sistema Socio Sanitario



Regione
Lombardia

ATS Pavia



Birth Process

Service Charter

Communication project by ATS Pavia in collaboration with:

Sistema Socio Sanitario



**Regione
Lombardia**



**Fondazione IRCCS
Policlinico San Matteo**

ASST Pavia



ATS Pavia

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Introduction

The Service Charter



The Birth Process represents an integrated care model, designed to ensure continuity between local and hospital services. It supports women, couples and families from the preconception to the postpartum period, promoting care based on safety and quality standards.

The Birth Process Service Charter was created with the aim of providing citizens with clear and practical guidance at every step of the birth process. The document provides transparent information on available services, access methods and support opportunities.

Service Charter Objectives

- Ensure integrated, continuous and quality care;
- Provide clear and accessible information on available services;
- Promote family empowerment through active involvement in the care process;
- Enhance the skills of healthcare professionals.

Document structure

The document is divided into two main sections:

- The accredited "Family Advisory Clinics" section, both public and private, represents the territorial health and social care service unit, characterised by multidisciplinary expertise;
- The "Birth Points" section includes facilities organised throughout the country according to a Hub&Spoke network model, classified according to the complexity of the services offered at levels I and II.

Each section includes:

- A brief introduction to the services;
- Information sheets on the organisation, services offered, access methods and operational data.

The document promotes inclusiveness, with a particular focus on addressing the specific needs of families, including those with fragile social or emotional conditions.

Collaborations and thanks

This document is the result of a collaboration between the professionals of the Birth Process and the Department of Health Promotion and Prevention of Behavioural Risk Factors. A heartfelt thanks goes to the I.R.C.C.S. Foundation of the San Matteo Polyclinic of Pavia, to the Territorial Social Health Companies of Pavia and to the advisory clinics "La Nuova Aurora", "Il Sole", "Pavia Onlus" and "Psicologica" for their invaluable contributions.

Interactive document

The document has been designed to facilitate digital viewing on any type of device and to be able to selectively consult only the information required.

The following icon is used to identify interactive elements: clicking on them will redirect you to another page in the document.



Interactive

In case hyperlinks are included within a paragraph, the use of a colour and underlining ([example](#)) helps distinguish them from the rest of the text.

There are three types of links within the Advisory Clinic and Birth Point Sheets:

- Clicking on the links will open the landing page
- Clicking on the e-mail addresses will open your default e-mail program/app to send an e-mail directly to that address
- By clicking on the addresses of the advisory clinics and birth points, a web page will open with directions to reach the locations based on where the user is located

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SECTION 1

Family Advisory Clinics

Accredited public and private institutions in the
province of Pavia

The birth process at Family Advisory Clinics



The Family Advisory Clinic is a territorial social and health care unit with multidisciplinary skills, characterised by the contextual and complementary exercise of integrated health and psychosocial functions, aimed at the prevention, promotion and maintaining of family health and well-being.

The location of Family Advisory Clinics, distributed throughout the province, it allows all users to easily access the service and take advantage of the services offered. Access to the Family Advisory Clinic is free and not restricted to a specific area; in fact, access is also permitted to persons who do not live in the Province of Pavia (university students, users residing in neighbouring regions and provinces, and others).

The Advisory Clinic is a service aimed individuals, couples and families, established with Law 405/75 which performs interventions and actions aimed at satisfying the needs of individuals, couples and families in relation to: informed procreation, protection of pregnancy, maternity and contraception (IVG Law 194/1978), education on affectivity and sexuality, oncological prevention (HPV screening), social health assistance in all phases of a woman's life, psychological and social assistance for individuals and families with particular attention to integration with the network of local services such as companies, agencies, bodies of the Social Health System (both public and private), Municipalities, Area Plans, Universities, Provincial School Offices, Educational Agencies, Judicial Authorities, and the Third Sector, in order to guarantee comprehensive care for individuals with a particular focus on vulnerable situations.

A distinctive feature of the clinic is its multi-professional staff: gynaecologists, midwives, psychologists, social workers and nurses, all dedicated to providing a comprehensive and tailored response to the complex needs of each user.

Access methods

Users access the Family Advisory Clinic through the direct-access reception service or by telephone consultation.

The method of service delivery is mainly offered by appointment.

To book an appointment, please call or visit the Family Advisory Clinic during opening hours.

The consultation services are generally free, with the exception of certain specialist obstetric and gynaecological services which, according to current regional legislation, require cost-sharing. You will be required to pay a fee or submit a certificate of exemption.

Services Offered

As part of the Birth Process, the Family Advisory Clinic offers the following services:

- Preconception visits and consultations.
- Consultation and assistance for physiological pregnancy provided by a midwife.
- Consultation and assistance for high-risk pregnancies provided by a gynaecologist and midwife.
- Birth Support Meetings (BSM)
- Breastfeeding support groups
- Self-weaning groups
- Self-Help Groups (AMA)
- Neonatal massage courses
- Home visiting midwife (home care for mother and newborn after hospital discharge)
- Obstetric ultrasound

Family Advisory Clinic services

The start of the process



Professionals present at the facility



Within family advisory clinics, you can find **various professionals** ready to support the family's needs. The professional figures that may be available are:

Specialist in Obstetrics and Gynaecology, Specialist in Paediatrics, Midwife, Nurse, Social Worker, Psychologist/Psychotherapist, Family Mediator, Educator and Nutritionist.

Preconception, pregnancy and birth consultation

Preconception health, that is, the period preceding conception and pregnancy, is a determining factor for a **normal course of pregnancy** and for normal foetal development.

The preconception clinic provides **personalised advice** on the couple's health status through the use of **brief motivational counseling (BMC)**.



Management of physiological pregnancy with low obstetric risk (BRO)



The **Low-Risk Obstetric Clinic (BRO)** is a clinic dedicated to women who are experiencing a **physiological pregnancy** and who therefore present a **low risk** related to gestation.

In the Low Risk Obstetric process the reference figure is the **midwife** who guarantees continuity of care throughout the pregnancy and, in case of complications, initiates a consultation with a specialist in gynaecology and obstetrics.

The woman preferably **accesses the service within the 10th-12th week** of pregnancy.

Management of high-risk pregnancy

The service includes care of the pregnant woman and of the couple by a **gynaecology specialist**, together with a **midwife**.



Birth Support Meetings (BSM)



Birth Support Meetings (BSM) are meetings that have the aim of **supporting, accompanying and informing** the **couple** about **pregnancy, birth** and the **post-birth period**.

The courses are led by one or more professionals, including midwives, social workers, psychologists, gynaecologists and paediatricians

Cultural mediator



The aim of the cultural mediator is to **facilitate** communication and **integration** between people of different cultures, providing **language support**, information on **available opportunities** and promoting mutual understanding.

The post-natal period: after giving birth



Interventions in the social area, to support the family, mothers and fathers

Social area interventions are promoted by **social workers**, who offer **consultancy** on the support measures available for families

Healthcare interventions, to support the family, mothers and fathers

Health area interventions are promoted by a **multidisciplinary team** and aim to support the new family unit through the development and strengthening of **health skills**, such as managing neonatal care, breastfeeding and weaning.



Psychological support interventions, reserved for the family, mothers and fathers



Psychological support interventions are promoted by **psychologists** who, following an initial interview aimed at accommodating the request, offer support interventions.

Some clinics also offer a **"dads' group"** service, a space dedicated to **sharing** thoughts and fears related to the new role, to discussing the **change** of the family in our society and to learning to **recognise** and **manage** post-natal depression.

Home visiting (home care for mother and newborn after hospital discharge)

A **home care** service offered by Midwives to ensure mothers and their babies **support and assistance after discharge** from hospital.

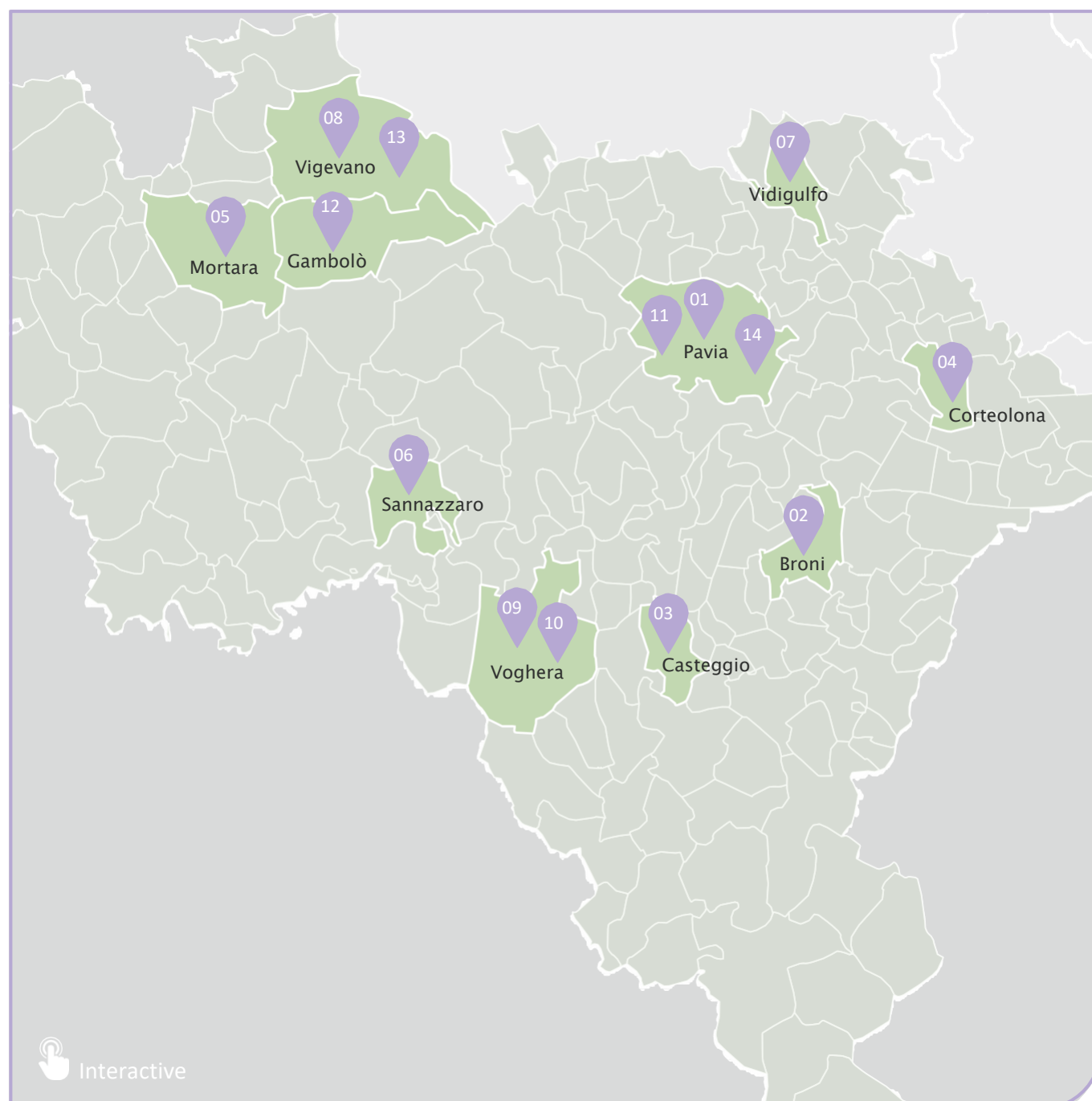
The personalised approach means being able to offer **support and consultancy** on aspects related to the **post-birth period**, to **breastfeeding**, to **care of the newborn** and to **adapting to new family life**.

The goal is to ensure **child and parent well-being**, promoting a safe and comfortable care environment.



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Map of Advisory Clinics



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Professions present at the facility

Gynaecologist, Midwife, Nurse, Psychologist, Social Worker



Services available within the facility

Management of Low-Risk Obstetric Pregnancy (BRO)

Management of high-risk

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Psychological support interventions reserved for the family, mothers and fathers

Home visiting (*home care for mother and newborn after hospital discharge*)



To learn more about the services offered and to find out more about how to access them, contact the facility or visit <https://www.asst-pavia.it/>



Return to map



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Gynaecologist, Psychologist, Social Worker, Midwife



Services available within the facility

Management of Low-Risk Obstetric Pregnancy (BRO)

Management of high-risk

Healthcare interventions to support families, mothers, and fathers

Breastfeeding support

Neonatal massage course [p. 17](#)

Psychological support interventions reserved for the family, mothers and fathers

Home visiting (*home care for mother and newborn after hospital discharge*)



To learn more about the services offered and to find out more about how to access them, contact the facility or visit <https://www.asst-pavia.it/>



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Services available within the facility

Management of high-risk pregnancy

Healthcare interventions to support families, mothers, and fathers

Breastfeeding support

Neonatal massage course [p. 17](#)

Psychological support interventions reserved for the family, mothers and fathers

Home visiting (*home care for mother and newborn after hospital discharge*)



To learn more about the services offered and to find out more about how to access them, contact the facility or visit <https://www.asst-pavia.it/>



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Services available within the facility

Medical pregnancy management service

Healthcare interventions to support families, mothers, and fathers

Breastfeeding support

Neonatal massage course [p. 17](#)

Psychological support interventions reserved for the family, mothers and fathers

Home visiting (*home care for mother and newborn after hospital discharge*)



To learn more about the services offered and to find out more about how to access them, contact the facility or visit <https://www.asst-pavia.it/>



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Pavia Territorial Social Health Company - Mortara Clinic



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Services available within the facility

Management of Low-Risk Obstetric Pregnancy (BRO)

Management of high-risk

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Healthcare interventions to support families, mothers, and fathers

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Psychological support interventions reserved for the family, mothers and fathers

Home visiting (*home care for mother and newborn after hospital discharge*)



To learn more about the services offered and to find out more about how to access them, contact the facility or visit <https://www.asst-pavia.it/>



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Services available within the facility

Management of Low-Risk Obstetric Pregnancy (BRO)

Management of high-risk

Healthcare interventions to support families, mothers, and fathers

Breastfeeding support

Home visiting (*home care for mother and newborn after hospital discharge*)



To learn more about the services offered and to find out more about how to access them, contact the facility or visit <https://www.asst-pavia.it/>



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Services available within the facility

Management of Low-Risk Obstetric Pregnancy (BRO)

Management of high-risk

Healthcare interventions to support families, mothers, and fathers

Breastfeeding support

Home visiting (*home care for mother and newborn after hospital discharge*)



To learn more about the services offered and to find out more about how to access them, contact the facility or visit <https://www.asst-pavia.it/>



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Services available within the facility

Management of Low-Risk Obstetric Pregnancy (BRO)

Management of high-risk

Healthcare interventions to support families, mothers, and fathers

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Psychological support interventions reserved for the family, mothers and fathers

Home visiting (*home care for mother and newborn after hospital discharge*)



To learn more about the services offered and to find out more about how to access them, contact the facility or visit <https://www.asst-pavia.it/>



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Psychologist, Social Worker, Midwife



Services available within the facility

Management of Low-Risk Obstetric Pregnancy (BRO)

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Psychological support interventions reserved for the family, mothers and fathers

Home visiting (*home care for mother and newborn after hospital discharge*)



To learn more about the services offered and to find out more about how to access them, contact the facility or visit <https://www.asst-pavia.it/>



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Services offered by Pavia Territorial Social Health Company clinics: access methods and description



Birth Support Meetings: topics and access methods

Nine one- or two-weekly meetings are planned in **small groups**. The presence of fathers is also expected at one of the meetings.

The service is provided by a **midwife** with the contribution of a **social worker**.

Meeting topics:

1. Presentation of the course and of the team, self-presentation of the participants

Reference figure: midwife

2. Movement and relaxation

Meeting managed by: midwife

3. Baby wearing during pregnancy and postpartum

Meeting managed by: midwife

4. Physiology of pregnancy

Meeting managed by: midwife

5. Labour and delivery

Meeting managed by: midwife

6. Induced Labour and Caesarean Section

Meeting managed by: midwife

7. Postpartum and puerperium

- "Laws and regulations on family law and maternity protection, information on nurseries and early childhood services"

- Born to read

- Presentation of the "Protected Discharge in the Postpartum Period" program

Meeting managed by: midwife, social worker

8. The pelvic floor during pregnancy

Meeting managed by: midwife

9. Breastfeeding

Meeting managed by: midwife

10. Reuniting after giving birth

Meeting managed by: midwife

Participation in the course is free.

To register, contact the Advisory Clinic office.

Service available at the Pavia Territorial Social Health Company offices:

[Pavia](#) [Mortara](#)



Breastfeeding groups

A space dedicated to new mothers and their babies to evaluate proper latching, breastfeeding positions, monitoring the baby's growth and suggestions for resolving any problems that may occur during breastfeeding.

This space also offers new mothers the opportunity to share their childbirth experiences, share their first experiences of motherhood with others and explore solutions to common problems together.

It is divided into **2 fortnightly meetings**, each meeting **lasting approximately 2 hours**. The group is led by a midwife.

To take part, contact the advisory clinic office.

Service available at the Pavia Territorial Social Health Company offices:

[Pavia](#) [Mortara](#) [Vigevano](#) [Voghera](#)



Neonatal Massage Course

Massage offers parents a valuable opportunity to learn to listen to their baby's signals and to carefully address their needs. It promotes a sense of well-being in the child and helps them develop healthy body awareness and a balanced self-image. The course is aimed at parents with **children aged 1 to 6 months**.

It is divided into **4 weekly meetings**, in small groups, **lasting approximately 1 hour**. The course is led by a midwife.

Meeting topics:

1. Welcoming participants, introducing the team, introducing participants, describing the setting, **chest massage, abdominal massage**.
2. Welcoming participants, summary of the previous meeting, **leg massage, foot massage**.
3. Welcoming participants, summary of the previous meeting, **arm massage, hand massage**.
4. Welcoming participants, summary of the previous meeting, **back massage, head and face massage**

Participation in the course is free.

To register, contact the Advisory Clinic office.

Service available at the Pavia Territorial Social Health Company offices:

[Pavia](#) [Broni](#) [Casteggio](#) [Corteolona](#) [Mortara](#) [Vigevano](#) [Voghera](#)



"From birth to the first months of a child's life" project

Project that is part of the **neonatal massage course**. During a dedicated meeting, local NPIA (Child and Adolescent Neuropsychiatry) professionals provide parents with the knowledge needed to properly support their child's physiological development and to recognise early red flags of neurodevelopmental disorders.

Service available at the Pavia Territorial Social Health Company offices:
[Mortara](#)



Self-Help Groups (AMA)

They are aimed at women with babies from the 2nd to the 8th month, connecting mothers who share the same experiences, problems or difficulties and who meet periodically to discuss and listen to each other without judgement. It is divided into **1 monthly meeting**, each meeting **lasting approximately 2 hours**. The group is led by a midwife and a social worker who act as facilitators.

To take part, contact the advisory clinic office.

Service available at the Pavia Territorial Social Health Company offices:
[Pavia Mortara](#)



Self-Weaning Group

The transition from a predominantly liquid diet (breast milk or formula) to a diet featuring solid or semi-solid foods represents a delicate and sensitive phase in a child's development, not only in terms of nutritional aspects but also of relationships with adults and the learning of food-related skills. The group offers a space for new parents wishing to receive information on baby-led weaning methods as an alternative to traditional weaning.

It is divided into **2 fortnightly meetings**, each meeting **lasting approximately 2 hours**. The group is led by a midwife.

Meeting topics:

- 1. Baby-led weaning: what it is and how it works, how and when to start, dispelling false myths, taste education, foods and choking:** practical measures to minimise risks.
- 2. Open discussion among mothers to address any insecurities and uncertainties regarding baby-led weaning.**

To take part, contact the advisory clinic office.

Service available at the Pavia Territorial Social Health Company offices:
[Pavia Mortara Voghera](#)



Family Advisory Clinic “La Nuova Aurora” Pezzani Public Health Care Agency



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Healthcare Coord.

Dr. Laura Anfossi

Advisory Clinic Coord.

Dr. Stefania Arata



Professions present at the facility

Gynaecologist, Midwife, Nurse, Social Worker, Psychologist, Psychotherapist,
Family Mediator



Services available within the facility

Preconception clinic

Management of high-risk

Birth Support Meetings (BSM) [p. 20](#)

Brief Motivational Counseling (BMC) on lifestyle during pregnancy

Cultural mediator

Social interventions to support families, mothers and fathers

Healthcare interventions to support families, mothers, and fathers

Postpartum Parent-Child Space [p. 20](#)

Pregnancy and postpartum support services [p. 21](#)

Psychological support interventions reserved for the family, mothers and fathers

Home visiting (*home care for mother and newborn after hospital discharge*)



To learn more about the services offered and to find out more about how to access them, contact the facility or visit <https://aspvoghera.it/>



Birth Support Meetings: topics and access methods

8 meetings, each meeting **lasting approximately 2 hours**. Access to the service is subject to an **introductory meeting** with the midwife to introduce the program.

Meeting topics:

1. Introductory meeting on the first three trimesters of pregnancy

Reference figure: midwife

2. Gentle gymnastics during pregnancy and preparing the perineum

Reference figure: midwife

3. Prodromes of labour: How to manage them at home, natural pain relief techniques

Reference figure: midwife

4. Labour: dilatation period, expulsive period, afterbirth

Reference figure: midwife

5. Induction of labour, caesarean section, epidural

Reference figure: midwife

6. Breastfeeding

Reference figure: midwife

7. Immediate postpartum: the first few days with the newborn

Reference figure: midwife

8. Relaxation techniques

Reference figure: psychologist



Postpartum Parent-Child Space

Open to parents of children in the indicative age range **0–6 months**.

10 meetings, each **lasting approximately 2 hours**

Meeting topics:

1. The postpartum period: from the birth experience to the first relationship with the baby

Reference figure: psychologist and midwife

2. Hygiene and care of the newborn

Reference figure: midwife

3. Pelvic floor: physical activity after childbirth

Reference figure: midwife

4. Physical contact in the caregiver–child relationship

Reference figure: psychologist and midwife

5. Managing newborn crying and sleep

Reference figure: psychologist and midwife

6. How relationships within the family nucleus change

Reference figure: psychologist

7. Returning to work, breastfeeding: a new way to manage a growing child

Reference figure: psychologist and midwife

8. "My child goes to nursery": settling in and separation from the mother

Reference figure: psychologist and midwife

9. Self-weaning

Reference figure: midwife

10. Final meeting

Reference figure: psychologist and midwife

Meeting with social worker (currently managed on request with individual meetings)

All meetings are open to **both parents and reference figures**



Pregnancy and postpartum support services

Gentle exercises during pregnancy, natural pain relief techniques, breastfeeding counseling, relaxation techniques, pelvic floor and abdominal re-education pre- and postpartum, newborn hygiene and care, and promoting physical contact.

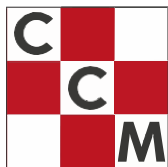
Reservations are required by phone or directly at the facility.



Return to map



Return to



"La Psicologica" Family Advisory Clinic



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Facility manager and coordinators

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Professions present at the facility

Gynaecologist, Psychologist, Nurse, Midwife, Psychotherapist, Social Worker, Family Mediator



Services available within the facility

Preconception clinic

Management of Low-Risk Obstetric Pregnancy (BRO)

Management of high-risk

Social interventions to support families and parenting couples

Psychological support interventions reserved for families, women and couples



To learn more about the services offered and to find out more about how to access them, contact the facility or visit www.centroclnicominerva.it/



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Director Pierisa Rossini



Professions present at the facility

Psychologist, Gynaecologist, Midwife, Social Worker, Lawyer, Nurse, Child Neuropsychiatrist



Services available within the facility

Management of high-risk pregnancy

Psychological support interventions reserved for the family, mothers and fathers



To learn more about the services offered and to find out more about how to access them, contact the facility or visit consultorioilsole.altervista.org



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Family Advisory Clinic NPO



Via Dossi 8
27100 Pavia



0382304178
0382309742



direzione@consultoriopavia.com
www.consultoriopavia.com



Facility manager and coordinators

Responsible Dr. Piero Sandro Assanelli



Professions present at the facility

Gynaecologist, Psychologist, Social Worker, Midwife, Paediatrician, Nutritionist, Psychotherapist, Family Mediator



Services available within the facility

Preconception clinic

Management of high-risk

Birth Support Meetings (BSM) [p. 25](#)

Healthcare interventions to support families, mothers, and fathers

Psychological support interventions reserved for the family, mothers and fathers
Fathers' Group [p. 25](#)

Home visiting (*home care for mother and newborn after hospital discharge*)



To learn more about the services offered and to find out more about how to access them, contact the facility or visit www.consultoriopavia.com



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Birth Support Meetings: topics and access methods

A total of **9 meetings** lasting at least 1 hour and 30 minutes.

Meeting topics:

1. The end of pregnancy and notes on preparing the hospital bag

Reference figure: midwife

2. From the prodromal period to the afterbirth. Birth

Reference figure: midwife; meeting also open to partners

3. Protection and social policies for pregnancy, choosing a paediatrician

Reference figure: social worker; meeting also open to partners

4. Gentle gymnastics and perineal preparation

Reference figure: midwife

5. Epidural analgesia, caesarean section, induction. Resumption of sexuality

Reference figure: gynaecologist; meeting also open to partners

6. Coming home and breastfeeding

Reference figure: midwife; meeting also open to partners

7. The full-term newborn, first check-up by the neonatologist, tests and screening in the perinatal period

Reference figure: paediatrician; meeting also open to partners

8. Let's talk about us, becoming a mother can be scary

Reference figure: psychologist

9. One, Two, Three: individual, couple, and family

Reference figure: psychologist; meeting also open to partners

Access to the service is subject to an introductory meeting with the midwife to introduce the program.



Fathers' Group

A group for fathers offering a space to share thoughts and fears about their new roles. **2 meetings are expected lasting at least 1 hour and 30 minutes.** The group is scheduled on a **quarterly basis and takes place on Saturday mornings.**

Meeting topics:

1. Caring for baby: recognising and managing postpartum depression

Reference figures: midwife and psychologist

2. Paternal relationship and the new role of the family in our society

Reference figures: midwife and psychologist

SECTION 2

Birth Points

First and second level in the province of Pavia

The birth process at Birth Points

Birth Points are facilities within the maternal and child health network dedicated to the management of labour, childbirth, the postpartum period, and neonatal care. They are essential for ensuring qualified care and protecting the health and rights of mothers and newborns through integrated care pathways that involve parents and reduce the medicalisation of birth.

Future parents are offered meetings to accompany the birth.

The possibility of 24-hour analgesia is guaranteed, and mother-newborn attachment is promoted (*bonding*) to combat both postpartum depression and the mother-child relationship. Rooming-in allows the mother to have her newborn in a cot next to her bed 24/7 and to receive the necessary breastfeeding support from trained obstetricians and neonatal nurses.

The administration of monoclonal antibody against Respiratory Syncytial Virus is available at all Birth Points.

At all Birth Points, linguistic and cultural barriers are minimised thanks to multilingual materials and cultural mediation services. The facilities are organised across the territory according to a Hub&Spoke network model and classified based on the complexity of the services offered at levels I and II.

Level I Birth Points (SPOKE)

In the province of Pavia there are two Level I Birth Points at the Vigevano and Voghera hospitals of Pavia Territorial Social Health Company. These structures operate according to a departmental model ensuring

an integrated organisation for maternal and child care. Both centres are open 24 hours a day and offer gynaecological, obstetric, paediatric/neonatological, and anesthesiological services, ensuring prompt intervention in the event of an obstetric or neonatal emergency. The birth process begins with a preconception consultation and continues with checkups during pregnancy. At the first pregnancy visit, a plan is developed to manage low-risk pregnancies and pregnancies with maternal-foetal problems.

Childbirth assistance is provided by the obstetrics-neonatal and anaesthesiology team, if necessary.

A trusted person chosen by the woman may be present to accompany her (*caregiver*).

Mother and newborn are discharged after 48 hours after eutocic birth or 72 hours after caesarean section with the necessary indications for managing the postnatal phase and the first year of the child's life.

Neonatal care services include screening for metabolic, hearing, vision and cardiac diseases, as well as outpatient follow-up services. Ultrasound checks may be performed to exclude malformative pathologies.

Within the hub&spoke network, if necessary, the newborn and/or mother can be transferred to the Level II Birth Point via the Maternal Transport Service (STAM) and Neonatal Emergency (STEN) network.

Level II Birth Point (HUB)

The Scientific Institute for Hospitalisation and Care San Matteo Foundation in Pavia is a level II Birth Point to which the Birth Points of the provinces of Pavia, Lodi and Crema report.

This facility offer highly

specialised assistance, for both low- and high-risk pregnancies, through a personalised process for each woman. In case of complications, the gynaecologist can draw on a multidisciplinary team of professionals.

A second-level prenatal diagnosis service and an outpatient clinic for the monitoring of maternal and foetal well-being are offered in the final weeks of gestation until delivery. The presence of a dedicated anaesthetist allows for a 24-hour delivery and analgesia service.

The San Matteo Birth Point has 4 labour and delivery rooms, 2 operating rooms for caesarean sections and obstetric emergencies, and a 24-hour Emergency Room with Short Intensive Obstetric Observation beds (OBIO). A 28-bed obstetric ward, including beds dedicated to Maternal-Foetal Medicine, is also available. The presence of a helipad facilitates the STAM and STEN networks at regional level.

At the nursery, the medical and nursing team cares for newborns with a gestational age greater than 34 weeks, both on a rooming-in basis and possibly in the nursery.

The post-discharge nursing clinic guarantees one or more nursing visits for each newborn

The Neonatal Intensive and Sub-Intensive Care Units (NICUs) care for critically ill newborns starting at the 22nd week of gestation, offering advanced respiratory, neurological, and cardiocirculatory support with state-of-the-art equipment. Discharged mothers are guaranteed closeness to their hospitalised newborns through dedicated beds near the NICU.

In 2023, more than 500 newborns were admitted to critical care. Upon discharge from intensive care, a post-discharge clinical and instrumental follow-up is planned in a dedicated outpatient clinic, also in collaboration with the child neuropsychiatry unit of the Mondino Scientific Institute for Hospitalisation and Care. Additionally, psychological support and specific training on breastfeeding are offered, with particular attention to premature babies.

Birth Point Services

For each birth point, the following are described:

General information



This section describes the **physical locations**, useful **telephone numbers** divided by **area of interest**, **web** and **e-mail channels**, and the **professionals** at each birth point.

Services offered

The **services** described, reported on a practical sheet, are divided into two main areas: **pregnancy, childbirth and postpartum**.

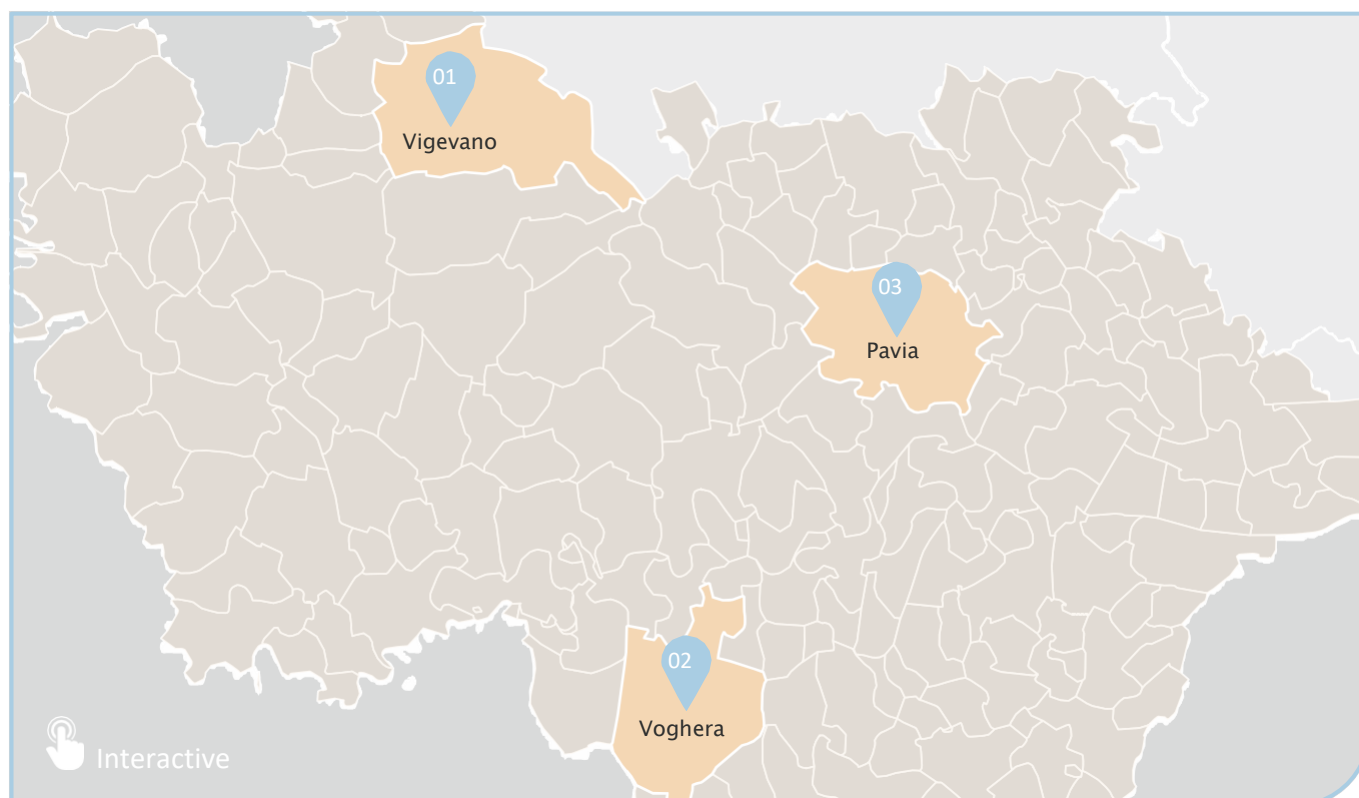


Service operation data



For each structure the following are reported: **Operation data for the year 2023 and for the first six months of 2024**.

Map of Birth Points



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Corso Milano 19
27029 Vigevano (PV)
Obstetrics and Gynaecology, 1st floor



Outpatient Department 0381333331
 0381333/
 670-452-701
Emergency Room 0381333796
Delivery Room 0381333387
Nursery 0381333332

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ostetricia_vigevano@asst-pavia.it



Manager and coordinators

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Department Director

Dr. Elisabetta Venegoni

Obstetric Coordinator

Dr. Barbara Dapra

Nursing Coordinator

Dr. Daniela Cattelan

Italian Obstetric Surveillance System Contact Person

Dr. Alessandra Ornati

Professional figures

Gynaecologist, Neonatologist,
 Anaesthetist, Nurse, OSS,
 Midwife, Obstetric Coordinator,
 Nursing Coordinator



Birth Point Locations

* Obstetrics - Outpatient Clinics

Located on **ground floor**:

- Obstetric-managed physiological pregnancy clinic
- Prenatal diagnosis clinic: Bi-test, plus possible NIPT as per Regional indications. Invasive Prenatal Diagnosis involves referral to the reference Hub centre
- Level I obstetric ultrasound clinic for the second and third trimesters
- Second-level clinic and ultrasounds for complicated pregnancy checks
- Complicated pregnancy clinic
- Outpatient clinic dedicated to the management of gestational diabetes in collaboration with the diabetes clinic
- Full-term pregnancy clinic: "admission" between the 37th and 38th week of gestation
- Postpartum pelvic floor rehabilitation clinic
 (check-up scheduled by staff 3 months after giving birth)

* **Obstetrics – Childbirth Area**

The Obstetrics and Gynaecology Unit has **23 beds**.

Located on **1st floor**, accessible by lift and consisting of:

- A room dedicated to the prodromal phase of labour, for hospitalisation in the event of premature rupture of membranes and/or induction of labour, respecting the comfort and privacy essential during this phase.
- Three labour and delivery rooms (one equipped with a labour and delivery pool), the others with balls, stools and mats for free-positioning.
- Neonatal island (adjacent to the delivery room)
- Operating room for emergency caesarean section

Pregnancy Area

* Located on **1st floor**, reachable by lift. Full-term pregnancy clinic, birth preparation course room, obstetric emergency room and two-bed hospital rooms

Puerperium Area

Located on **1st floor**, reachable by lift. Twin room with changing area shared between two rooms for rooming. Single rooms are available for specific clinical situations or hotel differentiation.

Neonatology Area

Located on **1st floor**, reachable by lift. Clinical care and hospitalisation room with active monitoring, newborn hygiene and care room, breastfeeding room, lactation room, reception room, neonatal follow-up clinic (neonatal examination clinic and at-risk newborn clinic).



Services available at the Birth Point: pregnancy and childbirth support

Birth Support Meetings (BSM) [p. 33](#)

Access by telephone reservation to the department, indicating your telephone number and expected date of birth.

Prenatal diagnosis centre

Bi-test/NIPN are performed at the centre. For invasive prenatal diagnosis, patients are sent to the reference Hub centre.

Connection with the Assisted Maternal Transport System (STAM) and with the Neonatal Transport and Emergency Service (STEN)

Cord blood bank

It is possible to donate cord blood by sending it to the collection centre.

[Pavia San Matteo Polyclinic](#).

Support for women of different ethnicities, with language barriers, disabilities and fragility

Collaboration with hospital and local social services for persons with social disabilities. The latter acts as a network with other services such as the SERD (Addiction Service) and the CPS (Psychosocial Centre).

Telephone interpreting service for language issues. Collaboration with the local anti-violence centre which has an operational presence within the department.

Psychological support during all stages of pregnancy and the postpartum

Clinics for assistance with physiological pregnancy

Reservations can be made at the CUP (Single Booking Centre) (800.638.638) and at the department.

Clinics for assistance with pathological pregnancies

Reservations can be made at the CUP (Single Booking Centre) (800.638.638) and at the department.

Availability of paid activities for professionals



Birth Support Meetings: topics and access methods

Consisting of **9 meetings lasting approximately 3 hours (14.00–17.00)**. The courses are led by a midwife. Some meetings require the presence of other professionals, such as a gynaecologist, neonatologist, anaesthetist, paediatric nurse and social worker.

Meeting topics:

1. Introductory meeting: pregnancy at the centre

Reference figure: midwife

2. Labour and body work

Reference figure: midwife

3. The pain of childbirth: the tools of physiological analgesia, water, positions, the epidural

Reference figures: midwife, anaesthetist

4. Preparing for the "work" of childbirth: the role of the partner

Reference figure: midwife

5. Meeting the baby, postpartum and puerperium

Reference figure: midwife, paediatric nurse

6. Breastfeeding, newborn care, SUPC (postnatal collapse) prevention and newborn vaccinations

Reference figures: midwife, paediatric nurse, neonatologist

7. Returning home, home support

Reference figure: midwife, advisory clinic midwife

8. Parenting

Reference figure: midwife, social worker

9. Let's meet again after giving birth

Reference figure: midwife

To book, please contact the Reception Clinic (0381333343 every day, from 14:00 to 16:00) and provide your telephone number and expected date of birth. The mother-to-be will be contacted with the earliest start date and time.



Services available at the Birth Point: childbirth and postpartum

Healthcare personnel present at the time of birth

Obstetrician, gynaecologist, neonatologist, paediatrician, nurse, anaesthetist (if necessary, such as a caesarean section).

During labour, delivery, and postpartum, someone close to the mother (caregiver) can be present.

Possibility of keeping your baby in your room, day and night, without time limits (rooming in)

Access to postpartum hospital wards

The caregiver has access to the wards 24 hours a day

Breastfeeding support

It is approached through 24-hour assistance by specifically trained healthcare personnel, in rooms dedicated to breastfeeding, during 24-hour rooming, home visiting and outpatient check-ups. Parents are provided with information brochures that complement the educational posters located throughout the department.

Information on neonatal care

During hospitalisation, information is provided on: Hygiene and care of the newborn, umbilical cord dressing, nasal hygiene, bathing, administration of medications and supplements, breastfeeding, hand washing and newborn screening.

Information on newborn safety

In addition to the information on car transport, during hospitalisation, parents will be given recommendations on safe sleep, prevention of shaken baby syndrome with information brochures and falls (information brochures and posters displayed in the patient rooms)

Home visiting (*home care for mother and newborn after hospital discharge*)

Access is granted after the relevant clinic provides the mothers' telephone contact information and the midwife at the clinic subsequently schedules a home visit.

Access to neonatal pathology/intensive care without time limits

Free access for parents of newborns with minimal medical conditions hospitalised at the nursery. Access regulated by support staff

Opportunities that allow the newborn to be close to the mother even when the newborn needs care

24 hours a day in case of minor pathologies or phototherapy

Online neonatal massage via remote medicine

Telephone contact information for healthcare professionals for pre- and postpartum consultations

- **Obstetric Department** 0381333331

For appointment scheduling issues and care needs.

- **Neonatal Department** 0381333332

For questions regarding appointments, breastfeeding needs and clinical issues.



To learn more about the services offered and to find out more about how to access them, contact the facility or visit <https://www.asst-pavia.it/>



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Activity data of the Facilities for the year 2023 and for the first six months of the year 2024

	Year 2023	Year 2024
Number of parts of the Facility	453	452
Facility pregnancy progress		
Physiological	35.54%	39.16%
Pathological	64.46%	60.84%
Type of birth by Facility		
Vaginal	70.64%	68.14%
Caesare	29.36%	31.86%

Source: Data processed by ATS Pavia - Epidemiology Department



Via Volturmo 19
 27058 Voghera (PV)
 Obstetrics and Gynaecology



Outpatient Department 0383695743
Neonatal Department 0383695752
Department 0383695760

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Manager and coordinators

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Department Director

Dr. Marco Balestri

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Dr. Chryssoula Tzialla

Obstetric Coordinator

Dr. Catia Tamai

Nursing Coordinator

Dr. Andrea Sciortino

Professional figures

Gynaecologist, Neonatologist, Anaesthetist, Nurse, OSS, Midwife, Obstetric Coordinator, Nursing Coordinator



Birth Point Locations

* Obstetrics and Nursery Unit

Located on **2nd floor of Pavilion H**. The operational unit has **20 beds**, the wards have one or two beds with an adjacent neonatal area. The following are present:

- Two examination rooms equipped with ultrasound.
- A room equipped with cardiotocographs and multi-parameter monitors for Short-term observation.

* Birthing block

Located on **3rd floor of Pavilion H**, consisting of:

- Two labour/delivery rooms with two adjoining operating rooms for caesarean sections.
- Two neonatal islands.

Obstetrics clinic, prenatal diagnosis clinic, and ultrasound service

Located on **4th floor pavilion H**.

Pregnancy management clinic (37 weeks)

Located on **2nd floor pavilion H** within the obstetrics unit.

Epidural pain relief clinic

Located on **2nd floor pavilion H** within the obstetrics unit.

* Full-term pregnancy clinic

Located on **2nd floor pavilion H** within the obstetrics unit.

* First neonatal appointments clinic

Located on **3rd floor Pavilion M**, adjacent to the paediatrics operating unit.



Services available at the Birth Point: pregnancy and childbirth support

Birth Support Meetings (BSM) [p. 37, 38](#)

Prenatal diagnosis centre

It is possible to perform the Bi-test at the centre. For invasive prenatal diagnosis, patients are sent to the reference Hub centre.

Connection with the Assisted Maternal Transport System (STAM) and with the Neonatal Transport and Emergency Service (STEN)

Diagnosis and treatment of rare and highly complex newborn pathologies

Cord blood bank

It is possible to donate cord blood by sending it to the collection centre.

[Pavia San Matteo Polyclinic](#).

Support for women of different ethnicities, with language barriers, disabilities and fragility

Collaboration with hospital and local social services for persons with social disabilities. The latter acts as a network with other services such as the SERD (Addiction Service) and the CPS (Psychosocial Centre).

Telephone interpreting service for language issues.

Collaboration with the local anti-violence centre which has an operational presence within the department.

Psychological support during all stages of pregnancy and the postpartum

Clinics for the management of high-risk pregnancies

Reservations can be made at the CUP (Single Booking Centre) (800.638.638) and at the department.

Availability of paid activities for professionals



Birth Support Meetings: topics and access methods

Consisting of **8 meetings** lasting approximately 2 hours.

Meeting topics:

1. Physiological pregnancy

Reference figure: midwife

2. Perineal preparation and gentle movement during pregnancy

Reference figure: midwife

3. Labour and delivery

Reference figure: midwife

4. Induction of labour and epidural pain relief

Reference figure: midwife

5. Operative delivery and caesarean section

Reference figure: midwife

6. Puerperium and breastfeeding

Reference figure: midwife and nurse

7. Discharge, returning home and caring for the newborn

Reference figure: nurse

8. Prevention of SUPC (postnatal collapse) and newborn vaccinations

Reference figure: paediatrician/neonatologist

To access the service, you must book by calling 0383 695452 (Monday to Friday, 13.30 to 15.00).



Services available at the Birth Point: childbirth and postpartum

Healthcare personnel present at the time of birth

Obstetrician, gynaecologist, neonatologist, paediatrician, anaesthetist, nurse. During labour, delivery, and postpartum, someone close to the mother (caregiver) can be present

Possibility of keeping your child in your room, day and night, without time limits (rooming in)

Access to postpartum hospital wards

The caregiver has access to the wards 24 hours a day

Breastfeeding support

Through 24-hour assistance from specifically trained healthcare personnel, dedicated spaces, rooming in, home visiting and outpatient check-ups. Parents are provided with information brochures and educational posters are placed within the departments.

Information on neonatal care

During hospitalisation, information is provided on: newborn hygiene and care, umbilical cord dressing, nasal hygiene, bathing, administration of medications and supplements, breastfeeding, hand washing, and newborn screening.

Information on newborn safety

In addition to information on car transport, during hospitalisation parents will be given recommendations on safe sleep, shaken baby prevention and fall prevention. The information is supported by information brochures and educational posters displayed in patient rooms.

Home visiting (*home care for mother and newborn after hospital discharge*)

Access is granted after the relevant clinic provides the mothers' telephone contact information and the midwife at the clinic subsequently schedules a home visit.

Access to the nursery without time limits

Free access regulated by support staff.

Opportunities that allow the newborn to be close to the mother even when the newborn needs care

24 hours a day in case of minor pathologies or phototherapy.

Telephone contact information for healthcare professionals for pre- and postpartum consultations

- **Obstetric Department** 0383695743

For appointment scheduling issues and care needs.

- **Neonatal Department** 0383695760

For issues relating to appointments and breastfeeding needs, clinical issues.



To learn more about the services offered and to find out more about how to access them, contact the facility or visit <https://www.asst-pavia.it/>



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Facility activity data for 2023 and first six months of 2024

	Year 2023	Year 2024
Number of parts of the Facility	459	548
Facility pregnancy progress		
Physiological	91.29%	85.58%
Pathological	8.71%	14.42%
Type of birth by Facility		
Vaginal	65.80%	64.42%
Caesare	34.20%	35.53%

Source: Data processed by ATS Pavia – Epidemiology Department



Viale Golgi 19 27100 Pavia (PV)
Pavilion 43 DEA
Floor 9 Block B



Delivery room	0382503819
Obstetrics ER	0382503257
Neonatology	0382503729
Neonatal Intensive Care	0382502604

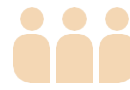
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segreteria.ostgin@smatteo.pv.it

Director of Neonatology and Neonatal Intensive Care Department

Dr. Stefano Ghirardello

segreteria.patneonatale@smatteo.pv.it



Manager and coordinators

Director of the Obstetrics and Gynaecology Department 1

Prof. Arsenio Spinillo

Delivery Room Obstetrician Coord.

Dr. Sabina Potenza

Hospitalisation Obstetrician Obstetrics Coord.

Dr. Monica Albini

General Clinic Obstetric Coord.

Dr. Lara Merli

Neonatology Nursing Coord.

Dr. Antonella Maini

Professional figures

Gynaecologist, Neonatologist, Nurse, Midwife, Obstetric Coordinator, Nursing Coordinator, Social Worker, Psychologist



Birth Point Locations

* Obstetrics and Gynaecology Emergency Room

Located at **9th floor DEA Tower B**.

There is a triage room, an examination room with ultrasound, a post-triage room with cardiotocographs and multi-parameter monitors and two observation and isolation rooms. It is also equipped with an area for Intensive Short-term Observation, to ensure safe discharges and appropriate hospitalisations.

* Birth Block

Located at **9th floor DEA tower B**, it consists of four labour/delivery rooms, one with a pool and two neonatal islands, two operating rooms with a shared neonatal island and a recovery room for post-operative recovery. There is also a postpartum room with three beds.

There is a dedicated anaesthetist on call 24 hours a day to ensure labour analgesia and in case of obstetric emergencies.

* Obstetrics - hospitalisation

Located at **9th floor DEA Tower A** with **28 beds**, capable of providing maternal-foetal medicine services, of accommodating pathological pregnancies and of managing

any patients in isolation for transmissible infectious diseases, and a room with a dedicated ultrasound machine.

The nursery is located within the Obstetrics Unit.

The structure supports *skin to skin* and *bonding* without time limits, to support the mother-child bond and the promotion of breastfeeding, by adhering to the "Company Breastfeeding Policy (PAA)" project

Full-term pregnancy monitoring clinic (from the 38th/39th week)

* Located on **9th floor DEA Tower A**.

Ultrasound service, prenatal diagnosis clinic and obstetrics clinic

* Located at **Pavilion 7, ground floor**, with dedicated programs for low-risk obstetric pregnancies and high-risk pregnancies.

Nursery

Located on **9th floor DEA**, with the possibility of accepting newborns monitored for periods of less than 24 hours, the possibility of blood tests and phototherapy. Metabolic, auditory, red reflex and congenital heart disease screenings are performed.

All children born between November and March are offered prophylaxis against respiratory syncytial virus infection with the administration of *Nirsevimab*.



Services available at the Birth Point: pregnancy and childbirth support

Birth Support Meetings (BSM) [p. 44](#)

Access the course by registering online using the form available on the San Matteo Polyclinic website.

<https://www.sanmatteo.org/site/home/attivita-assistenziale/diventare-mamma-al-san-matteo.html>

Pelvic floor therapy during pregnancy and postpartum

Prenatal diagnosis centre

Access by appointment with a referral directly at the ultrasound service during the first trimester of pregnancy.

The Ultrasound and Prenatal Diagnosis Service offers:

- First-trimester screening for chromosomal abnormalities and pre-eclampsia;
- First-level morphological and growth ultrasound scans;
- Foetal DNA sampling with the National Health System according to the regional indications.

For 2nd level assessments, direct contact is required between the sender (spoke centre or external doctor) by telephone on 038250 3847, or

by e-mail to the following address: diagnosi.prenatale@smatteo.pv.it;

The Hub centre offers:

- Second level ultrasound scans in cases of suspected foetal anomaly with multidisciplinary genetic/neonatal/surgical/cardiological counseling;
- Invasive diagnostic procedures after consultation with a dedicated geneticist (amniocentesis, chorionic villus sampling);
- Ultrasound scans for twin pregnancies.

Furthermore, it is a Hub centre for level II ultrasound scans for pregnancies complicated by infections transmissible to the foetus (toxoplasmosis, CMV, rubella, parvovirus B19) and for related invasive diagnostic procedures (amniocentesis and cordocentesis with possible in-utero blood transfusion) in collaboration with specialists in virology and infectious disease.

Reference centre for medically assisted pregnancy

Access by appointment with a referral, directly at the Medically Assisted Procreation (PMA) office.

Connection with the Assisted Maternal Transport System (STAM) and the Neonatal Transport and Emergency Service (STEN)

Neonatal Pathology Unit

Neonatal Subintensive Care Unit

Neonatal Intensive Care Unit

Reference structure for the diagnosis and treatment of rare and highly complex pathologies of the newborn

Cord blood bank

Cord blood donation takes place through enrollment at the clinic and the completion of dedicated forms.

Support for women of different ethnicities, with language barriers, disabilities and fragility

A cultural mediation service is available, that can be activated in emergencies or for scheduled needs.

A counseling and psychological interview service is available where necessary.

Psychological support during all stages of pregnancy and the postpartum

Low-risk obstetric pregnancy care clinics (BRO)

The clinic is managed completely independently by midwives.

Access is by appointment with a referral (obstetric health check-up, first visit) to pavilion 7.

High-risk pregnancy care clinics (GAR)

Access by appointment with a referral from a GP or specialist (first obstetric visit, GAR clinic with the reason for admission specified) to pavilion 7

Availability of paid activities by medical professionals and childbirth support by midwives



Birth Support Meetings: topics and access methods

Birth Support Sessions are divided into **7 sessions aimed at couples**, each lasting **approximately 3 hours**, and **4 personalised sessions** in small groups of pregnant women, in preparation for labour and birth.

Meeting topics:

1. Introductory meeting: Pregnancy and body changes. Diet.

Reference figure: midwife, dietitian and dental hygienist

2. Preparation for labour and delivery: prodromes, dilation period, expulsive period, afterbirth. Preparing a bag.

Reference figure: midwife

3. Labour analgesia. Birth after a caesarean section (VBAC). Induction of labour.

Reference figure: anaesthetist and gynaecologist

4. Mood and emotional changes during pregnancy and the postpartum period

Reference figure: psychologist

5. Breastfeeding and complementary feeding according to the Company Breastfeeding Policy (PAA)

Reference figure: midwife, nurse and neonatologist

6. The perineum and its preparation. Assistance to the newborn at birth.

Reference figure: obstetrician, gynaecologist and neonatologist

7. Puerperium and rooming in. The first few days with the newborn. The newborn at home

Reference figure: neonatologist, Foundation midwife and Consultation Centre midwife

The four personalised meetings with the midwives **last approximately 2 hours** and take place in **a room used as a gym, for exercises, relaxation and breathing techniques** in preparation for labour. The gym is **located in Pavilion 7 on the ground floor**.

The meetings are held in small groups of approximately 10 pregnant women and address topics in an interactive manner with reference to: **pain management, contractions, positions during childbirth, perineal massage, breastfeeding and newborn care**.

Finally, parents are expected to **familiarise themselves with the obstetrics in-patient facility, nursery, and labour/delivery room**, accompanied by midwives in the birth and hospitalisation areas.



Services available at the Birth Point: childbirth and postpartum

Healthcare personnel present at the time of birth

Obstetrician, gynaecologist, neonatologist, anaesthetist, nurse, support staff

Possibility of keeping your baby in your room, day and night, without time limits (rooming in)

Access to the Obstetrics department after childbirth

Visiting hours are reserved for a family member or trusted person from 11.00 to 19.00, Monday to Sunday. In case of maternal needs, the caregiver can remain with the mother without time limits.

Breastfeeding support

Breastfeeding is supported through skin-to-skin contact with the mother during childbirth and, in the case of a Caesarean section, with the second parent, and through rooming-in during the puerperium.

The obstetric and nursing staff, trained with accredited courses, promote and support breastfeeding. The midwife, through careful counseling, conducts health education activities to prevent possible complications that may occur during breastfeeding.

Information on neonatal care

During hospitalisation, the medical and nursing staff of the Neonatology Department provide parents with information on breastfeeding, weight loss, signs of poor milk intake, jaundice, infection prevention, prevention of SUPC (postnatal collapse), signs of well-being, bathing, skin and stump care, nappy changing, newborn screening, vaccinations, car transportation and post-discharge check-ups.

Information on newborn safety

During hospitalisation, parents will be provided with information on car transportation, sleeping position and fall prevention.

These training sessions are conducted by a neonatologist, nurse, and doctor in specialist training.

Home visiting (*home care for mother and newborn after hospital discharge*)

Protected discharge to ensure continuity of care for the mother-newborn pair through hospital-territory integration

Access to the nursery without time limits

The mother has access to the nursery 24 hours a day. The father can access the Obstetrics and Gynaecology Department 1 during the opening hours by presenting an identification document. Other family members are not permitted to access the nursery, except in specific cases.

Access to neonatal pathology/sub-intensive care/intensive care without time limits

Parents can access the facility 24 hours a day, except in the case of ongoing emergencies and during the transmission of medical-nursing information; their stay is free.

Opportunities that allow the newborn to be close to the mother even when the newborn needs care

In the event that the discharge does not coincide with that of the mother for reasons of care of the newborn, the mother is administratively discharged, with the possibility of remaining in the facility in contact with her child.

Telephone contact information for healthcare professionals for pre- and postpartum consultations

Medical, obstetric and nursing staff respond to the numbers:

- **Obstetric Emergency Room** 0382503257
- **Obstetrics in-patient care** 0382503721
- **Newborn nursing clinic** 0382503068



To learn more about the services offered and to find out more about how to access them, contact the facility or visit <https://www.sanmatteo.org/site/home/attivita-assistenziale/diventare-mamma-al-san-matteo.html>



Return to map



Return to



Operational data of the Facility for the year 2023 and for the first six months of the year 2024

	Year 2023	Year 2024
Number of parts of the Facility	2032	1999
Facility pregnancy progress		
Physiological	52.95%	50.43%
Pathological	47.05%	49.57%
Type of birth by Facility		
Vaginal	74.16%	71.74%
Caesare	25.84%	28.26%

Source: Data processed by ATS Pavia - Epidemiology Department

SECTION

Facilities Operational data

Year 2023 and year 2024

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Facilities operational data

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Number of births and delivery method

Year
2023

Year
2024

Delivery method

Spontaneous	2,088	1911
Scheduled Caesarean	435	474
Caesarean in labour	259	275
Caesarean section out of labour Urgent	224	204
obstetric suction cup	173	188
Forceps	/	1
Other	2	2
Total	3181	3055

Delivery method (percentage)

Spontaneous	65.64%	62.55%
Scheduled Caesarean	13.67%	15.52%
Caesarean in labour	8.14%	9.00%
Caesarean section out of labour Urgent	7.04%	6.68%
Obstetric suction cup	5.44%	6.15%
Forceps	0.00%	0.03%
Other	0.06%	0.07%

Source: Data processed by ATS Pavia – Epidemiology Department



Ultrasound

Year
2023

Year
2024

Total number of ultrasound scans

11167

8974

Ultrasound scans by facility - S. MATTEO POLYCLINIC

San Matteo Polyclinic

1588

524

San Matteo Polyclinic - Outpatient Clinic 1

3512

3104

Total

5100

3628

Ultrasound scans by facility - PAVIA Territorial Social Health

Company

Nuovo Ospedale di Broni Stradella

2

/

Nuovo Ospedale di Broni Stradella - Outpatient Clinic-1,

1202

177

Voghera Civil Hospital

142

49

Voghera Civil Hospital - Outpatient Clinic-1

1634

1979

Vigevano Civil Hospital

557

501

Vigevano Civil Hospital - Outpatient Clinic-1

1838

1845

Total

5375

4551

Ultrasound scans by facility - Pavia Territorial Social Health

Company advisory clinics

Territorial Social Health Company -

137

88

Territorial Social Health Company Pavia

34

22

Clinic - Voghera clinic

171

110

Ultrasound scans by facility - Accredited Private

NPO New Family Advisory Clinic

512

664

La Psicologica New Family Advisory Clinic

9

4

Il Sole New Family Advisory Clinic

/

17

Total

521

685

Source: Data processed by ATS Pavia - Epidemiology Department



Gynaecological and obstetric appointments

Year
2023

Year
2024

Total number of gynaecological and obstetric appointments

14156

12305

Appointments by facility – S. MATTEO POLYCLINIC

San Matteo Polyclinic

2227

1824

San Matteo Polyclinic – Outpatient Clinic 1

4694

4369

Total

6921

6193

Appointments by facility – PAVIA Territorial Social Health

Company Hospitals

Nuovo Ospedale di Broni Stradella

298

45

Nuovo Ospedale di Broni Stradella – Outpatient Clinic-1,

1036

217

Voghera Civil Hospital

670

708

Voghera Civil Hospital – Outpatient Clinic 1

1239

1258

Vigevano Civil Hospital

856

845

Vigevano Civil Hospital – outpatient clinic-1

1265

974

S. Martino Hospital (Mede) – outpatient clinic-1

3

/

SS. Annunziata Hospital (Varzi)

1

2

Asilo Vittoria Hospital (Mortara) – outpatient clinic-1

4

/

Total

5372

4049

Source: Data processed by ATS Pavia – Epidemiology Department



Gynaecological and obstetric appointments

Year
2023

Year
2024

Appointments by facility – PAVIA Territorial Social Health Company

Broni Public Family Advisory Clinic	63	43
Casteggio Public Family Advisory Clinic	30	36
Corteolona Public Family Advisory	36	47
Mortara Public Family Advisory Clinic	24	55
Pavia Public Family Advisory Clinic	328	288
Sannazzaro Public Family Advisory Clinic	165	80
Vidigulfo Public Family Advisory Clinic	34	41
Vigevano Public Family Advisory Clinic	102	111
Voghera Public Family Advisory Clinic	144	145
Total	926	846

Appointments by facility – Accredited Private Clinics

La Nuova Aurora Family Advisory Clinic	15	50
La Psicologica Family Advisory Clinic	25	30
Il Sole NPO Family Advisory Clinic	17	85
NPO Family Advisory Clinic	880	1052
Total	937	1217

Source: Data processed by ATS Pavia – Epidemiology Department

Sistema Socio Sanitario



Regione
Lombardia

ATS Pavia